

PORT HUNTER ZONE COMBINED-EVENT

Host - Wallsend Athletics Club

Federal Park - Wallsend

Sunday 5th November, 2023

APPROX. TIME	T/T & U6	UNDER 7	UNDER 8	UNDER 9	UNDER 10	UNDER 11	UNDER 12	UNDER 13	UNDER 14	UNDER 15	UNDER 17
9.30	F		DISCUS	SHOT PUT	LONG JUMP				HURDLES	HURDLES	HURDLES
9.45	U										
10.00	N						HURDLES				
10.15		LONG JUMP				HURDLES					
10.30	A				HURDLES		SHOT PUT	DISCUS			
10.45	C			HURDLES					LONG JUMP	LONG JUMP	LONG JUMP
11.00	T		HURDLES			DISCUS					
11.15	I	100 M									
11.30	V				SHOT PUT		LONG JUMP	100 M	100 M	100 M	100 M
11.45	I	DISCUS									
12.00	T		100 M	100 M							
12.15	I				100 M	100 M					
12.30	E		LONG JUMP				100M	SHOT PUT	DISCUS	DISCUS	DISCUS
12.45	S										
1.00		SHOT PUT				LONG JUMP					
1.15	A			DISCUS							
1.30	L	50 M	700 M		800 m				SHOT PUT	SHOT PUT	SHOT PUT
1.45	L			800 M			800 M	LONG JUMP			
2.00					DISCUS	800 M					
2.15	D	500 M	SHOT PUT					800 M	800 M	800 M	800 M
2.30	A			LONG JUMP							
2.45	Y					SHOT PUT	DISCUS				
3.00											
3.15		ANNOUNCEMENT OF RESULTS									